

March 2014 Training Plan

So we have dance teams complete and M&M/Formation Corp done, Next on my list of things to do is new poms and continue with individuals. From March 4th, we have 7 weeks until IBTA Nationals in April, so lots of hard work!! All members will be working on teams and individuals whether they are attending this competition or not. I would still like to set a dance team for our younger members, but as you can probably guess it will have to be for the summer.

<u>Tuesday 4th -</u> 6:00-7:30 Parade/T-Strut, Solo's & Teams (Start new pom?).

7:30-9:00 Parade/T-Strut, Solo's & Teams.

<u>Wednesday 5th -</u> 6:00-7:30 Finish carnival parade, Teams, Basic & Military, Parade/T-Strut.

7:00-9:00 Run carnival parade, Teams, Basic & Military, Parade/T-Strut Strut.

<u>Tuesday 11th -</u> NO TRAINING

Wednesday 12th - NO TRAINING

<u>Tuesday 18th -</u> 6:00-7:30 Parade/T-Strut, Solo Dance & Teams (Finish new pom?).

7:30-9:00 Parade Strut, Duets, 2-Baton, Solo Dance & Teams.

Wednesday 19th - 6:00-7:30 Carnival Parade, Solo's, T-strut, Basic & Military & Teams.

7:00-9:00 Carnival Parade, Solo's, T-strut, Basic & Military & Teams.

Tuesday 25th - 6:00-7:30 TEAMS, Basic & Military, Solo's, T-Strut

7:30-9:00 TEAMS, Basic & Military, Solo's, T-Strut, Duets.

Wednesday 26th - 6:00-7:30 TEAMS (Inc.Carnival parade), Solo Dance, Parade/T-Strut.

7:00-9:00 TEAMS, 2-Baton, Parades Strut, Solo Dance.