

August 2014 Training Plan

<u>Tuesday 5th -</u> 6:00-7:30 Solo's, Changing Formation corp

7:30-9:00 BBTF Individuals, tricks

Wednesday 6th – 6:00-7:30 Carnival Parade, Basic & Military, tricks

7:00-9:00 Poms, Dance Teams, Tricks

<u>Tuesday 12th –</u> 6:00-7:30 More to Formation Corp, BBTF Individuals,

7:00-9:00 Poms, Dance Teams, Team Twirls,

Wednesday 13th - 6:00-7:30 Carnival Parade, X-Struts, BBTF Solo Dance, Duets, Formation Corp

7:00-9:00 2-Batons, Solo's, X-Struts, Solo Dance, Twirl Corp?

<u>Tuesday 19th -</u> 6:00-7:30 Solo Dance, X-Struts, Dance Team Team Twirl, IBTA Exams?

7:30-9:00 Solo Dance, X-Struts, Duets/2-Baton, Dance & Team Twirl, IBTA Exams?

Wednesday 20th - 6:00-7:30 Solo's, Basic & Military, Poms, Formation Corp,

7:00-9:00 Solo's, Basic & Military, Poms, Formation Corp, Team Twirl

<u>Tuesday 26th -</u> 6:00-7:30 Formation Corp, Poms, Basic & Military, Solo's,

7:30-9:00 Same as above plus Team Twirl

Wednesday 27th - 6:00-7:30 X-Strut, Solo Dance, 2-Baton/Duets, Dance Teams

7:00-9:00 Same as above plus Formation Corp & Twirl Corp