



April 2014 Training Plan

With IBTA & BBTF Nationals coming up this month and next, Training will mostly be based around all the the events that we will be competing in. All members not competing will be working on teams and individuals. Again, I would still like to set a dance team for our younger members, but as you can probably guess it will have to be for the summer.

- Tuesday 1st - 6:00-7:30 T-Struts/Parade Struts, Poms and Dance Team, M&M.
7:00-9:00 M&M, T-Strut/Parade Struts, 2-Baton, Poms and Dance & Twirl Team.
- Wednesday 2nd - 6:00-7:30 Carnival Parade, Solo's, Poms. M&M.
7:00-9:00 M&M, Solo's, Solo Dance, 2-Baton **New Pom**
- Tuesday 8th - 6:00-7:30 Solo's, Solo Dance, Poms and Dance Team, M&M.
7:00-9:00 M&M, Solo's, Solo Dance, Duets, Poms and Dance & Twirl Team.
- Wednesday 9th - 6:00-7:30 Carnival Parade, T-Strut/Parade Strut, M&M.
7:00-9:00 M&M, T-Strut/Parade Strut, Solo Dance **New Pom**
- Tuesday 15th - ***COMPETITION ATHLETES ONLY***
6:00-9:00 All Individuals and all Teams.
- Wednesday 16th - ***COMPETITION ATHLETES ONLY***
6:00-9:00 All Individuals and all Teams.
- Tuesday 22nd - NO TRAINING
- Wednesday 23rd - NO TRAINING
- Tuesday 29th - 6:00-7:30 X-Strut, BBTF Solo Dance, Re-Sort Teams
7:30-9:00 X-Strut, BBTF Solo Dance, Re-Sort Teams,
- Wednesday 30th - 6:00-7:30 Carnival Parade, Solo's, Duets
7:00-9:00 Carnival Parade, Solo's, Duets, 2-Baton, **New Pom**